Sign up for Race for Life – men too

PEOPLE are being encouraged to sign up for Cancer Research UK’s Race for Life, which will be open to men for the first time this year.

Cancer Research UK is hosting everyone in the area: women, men and children – to the colourful event at Newbury Racecourse on Sunday, June 30.

Race in partnership with Tesco, the day will offer an exciting series of 5K, 10K, Pretty Muddy and Pretty Muddy Mudstacle events, which raise millions of pounds every year to help fund new research to fight 200 types of disease.

Money raised from the event will also be used to fund clinical trials which give patients in Berkshire access to the latest cancer treatments.

More people are surviving the disease than ever before, with cancer survival in the UK having doubled since the early 90s.

Cancer Research UK’s Newbury event manager Fiona Miller said: “The Race for Life is a nationwide, inspirational movement which invites participation in support of our vital work.

“Taking part in our Race for Life event enables like-minded people to get together and run, walk or raise funds in support of the lives of those who have been affected.

“You don’t have to be sporty to take part. You don’t need to train, or compete against anyone else.

“All you need to do is go to the Race for Life website, pick an event, sign up and then raise funds for cancer research in whatever way you like.

“Race for Life events have been women-only since they started more than 25 years ago. Ms Miller said: “It’s now time to open it up to all that everyone – women, men and children – can join in to participate nationwide. This is a chance we’ve never been given, and we are excited about the opportunity to welcome as many people as possible to the Race for Life.”

“With races for men, we’re going to see more, dads, uncles, grandparents, brothers, fathers, friends and sons join in, and they are encouraged to join in the latest cancer research.

“The events are open to anyone who wants to run, walk or raise funds for cancer research. Men can take part in the 5K, 10K and Mudstacle events. The Pretty Muddy is open to women and men, and the Pretty Muddy Mudstacle is open to anyone.

“However, we understand that not everyone will want to take part in the Mudstacle events, so we have created the Pretty Muddy Mudstacle for women and men to participate in a more relaxed and shorter distance event.”

“Join us for our Race for Life event on Sunday, June 30, at Newbury Racecourse. Be part of a team and support us in raising funds for the fight against cancer.”

For more information visit: www.raceforlife.org.uk

To enter Race for Life, visit a raceforlife.org.uk or call 0300 330 0707.